

Preparing to Screen *Five Ways In* in your community?

First off, Fantastic! Enjoy!

Secondly, we want to hear from you and the film audience you share it with. Please let everyone know their feedback is very much welcome and encouraged. Please share your impressions at the bottom of: <http://researchingcontactimprovisation.com/feedback/>

Thirdly, there are different ways to use this film. We want to support you to have a successful event. Here are some that we have tried. Please keep us informed about other ways that you have explored and used this film so more people can try your methods too.

- **Verbal discussion**
- **Through movement** (CI class, lab, CI or Open movement jam.)

Fourth, we would love you to tell us about your event, send us some photos and a short account so we can include it on the website. Please send to: mikepoltorak@hotmail.com

Your Audience:

After showing the film internationally to audiences that have included contact dancers, anthropologists, family members of CI dancers, teachers, dancers of other styles, and non-movers... we have come to some observations that may support you in preparing for a productive and personalized film response time:

Verbal responding: small---large group discussions:

We have explored a group discussion, a turn to the person next to you and have a short dialogue between two people or a short conversation with 4-5 people. Whole group discussions are also great but letting people have time to first think in silence (shared below) or talk 1:1 or in small groups enables everyone to get a chance to think and more people get a chance to share.

Preparing for discussion:

Think about your audience. What do you expect their range of interests are? Is there a common passion among them that could help you facilitate the conversation to go deeper into a topic of interest to them? Philosophy, politics, equality, gender, somatic learning, education, therapy, film presentation, anthropology, community, individual personal growth/process...

Questions that have been used at Film Discussions:

What resonates with you (an image, a question, a dance, a specific moment)?

–often good to take a moment of silence after the film to give people time to find something. Makes the conversation possibly more available to non-native speakers or people who are more shy or take more time to prepare to speak)

What person do you most relate to/connect with and why?

What was shown in the film that represents something that is really important to you about

Contact Improvisation?

Human Experience?

CI Festival Culture?

Community?

If you were to bring this film to your communities and share it , what question would you ask in my role to continue the discussion.? What conversations would you want to lead? --politics, community, festival culture...

What did you not see in the film that you wanted to see?

Please do encourage viewers to contribute to our research themes at:

<http://researchingcontactimprovisation.com/feedback/>

Moving from the Film into Movement &/or Responding Through Movement

- Invite a CI teacher to lead an introductory CI class before or after the film showing. (We have preferred after for newcomers to CI to first see the film.)
- Invite a Contact dancer to facilitate/guide a warm-up for the jam possibly using topics from the film as a transition.
- Invite a Contact dancer to facilitate a lab in which participants exchange ideas to explore in movement and then support a structure and timeframe to warm up, explore, and share findings.

For more information and a feedback document to use check out:

<http://researchingcontactimprovisation.com/feedback/>

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